

Chapter 1A

SYCAMORE H.R. 14

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COMPOSITION OF THE ASSEMBLY

1. The aircrew equipment assembly for each member of the crew is as follows:-

Seat	Static type
Safety harness	Type ZB (pilot)
	Type Z (navigator & aircrewman)
Personal survival pack	Type A Mk.3 ^x
Flying clothing	See Sect.1, Chap.1

Note...

Further information will be included in this chapter in due course.

EQUIPPING THE SEAT

2. The sole action necessary when equipping the seat is to place the safety harness lap straps clear of the seat pan and fit the personal survival pack into the pan, ensuring that the corner of the pack to which the lanyard is attached is at the front, right-hand corner of the seat pan (fig.1).

STRAPPING-IN PROCEDURE

3. The strapping-in procedure is as follows:-

- (1) Sit in the seat and connect the personal survival pack lanyard and side quick-release couplings to the life jacket, ensuring that the lanyard passes outside the right leg.
- (2) Fasten and tighten the safety harness lap straps.
- (3) Connect and tighten the safety harness shoulder straps.
- (4) Put on the flying and protective helmets and throat microphone; fasten the chin straps.
- (5) Connect the Mic/Tel lead.

EMERGENCIES

4. Emergency procedures are detailed in Pilot's Notes, A.P.4361G - P.N.

LEAVING THE AIRCRAFT AFTER LANDING

5. The procedure for leaving the aircraft after landing is as follows:-

- (1) Release the safety harness and return the quick-release fitting to the FASTEN position.
- (2) Disconnect the Mic/Tel lead.
- (3) Disconnect the personal survival pack lanyard and side quick-release couplings from the life jacket.
- (4) Climb out of the aircraft.

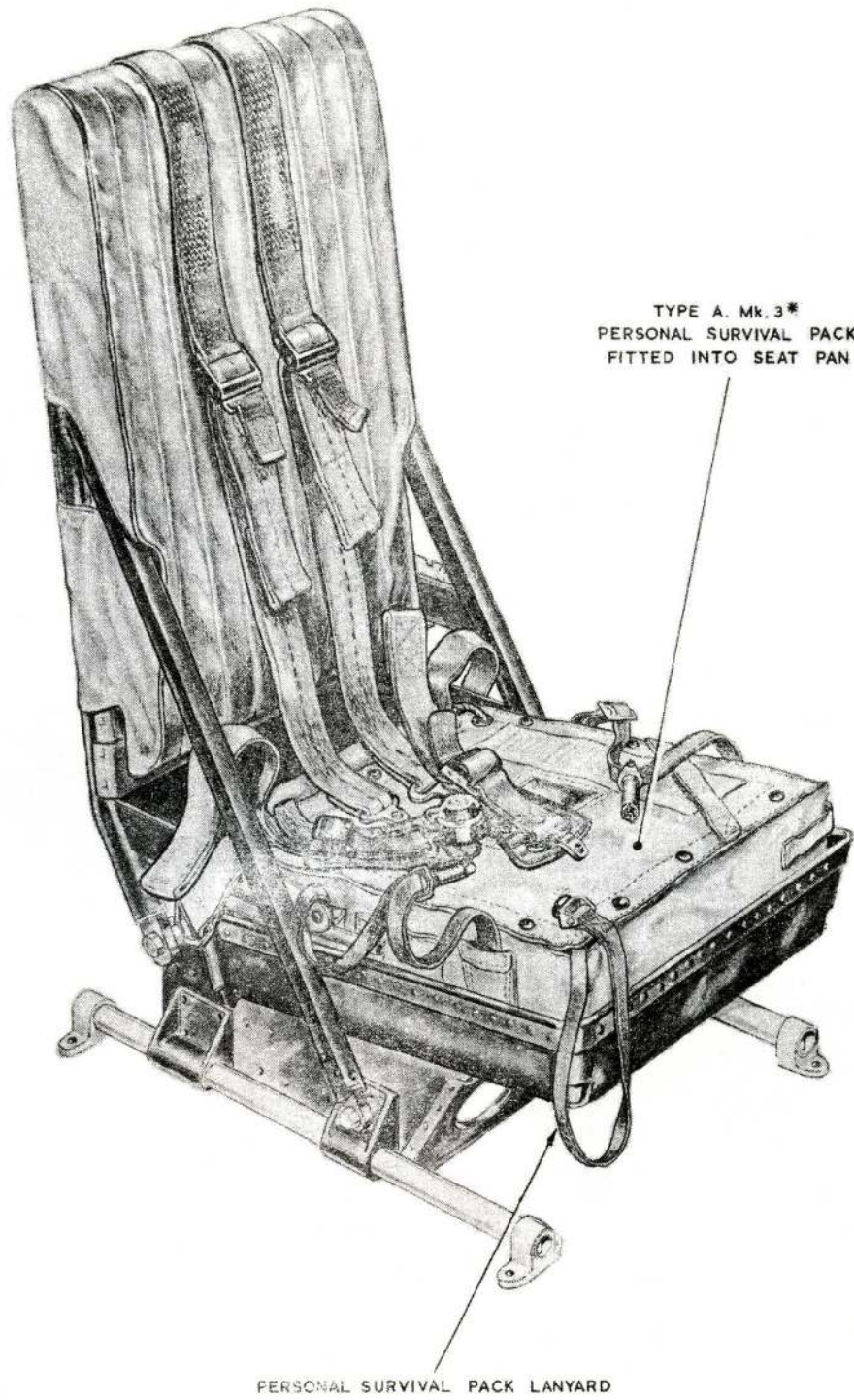


FIG.1. THE SEAT EQUIPPED

R E S T R I C T E D

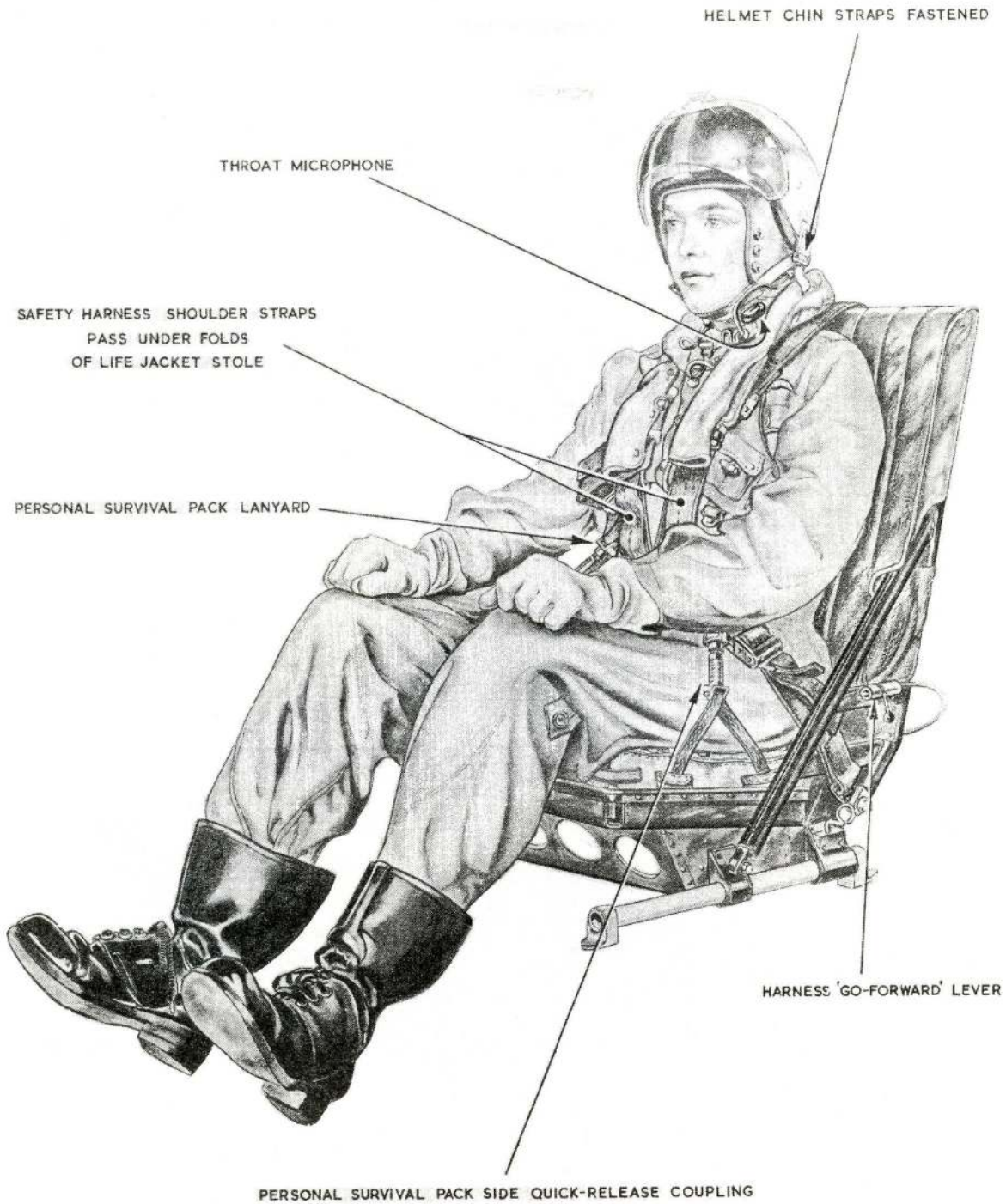


FIG.2. THE SEAT OCCUPIED

R E S T R I C T E D

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